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Informed consent of the patient / legal representative

#### **ADENOIDECTOMY**

(Endoscopic, laser-assisted removal of pharyngeal tonsil)

Head physician: Senior consultant MUDr. Tomáš Fořt Senior consultant deputy: MUDr. Vladimír Prokop Head anesthesiologist: MUDr. Roman Baláž

Patient:	
Name and surname:	ID:
Patient's legal representative:	
Name and surname:	ID:

#### I. Information about the nature of ailment:

Enlarged lymphatic tissue in nasopharynx may cause breathing, sleeping and speech disorders, as well as malfunction of Eustachian tube which may cause frequent inflammation of the upper respiratory tract or middle ear. This may even lead to hearing impairment.

# II. Information about the medical procedure:

The surgery is performed in general anesthesia. The patient is given anesthetics by injection into a vein or by inhalation of non-toxic inhalation anesthetics. After the onset of anesthetic effects and introduction of a breathing tube into the patient's windpipe a gag is placed into the patient's mouth and adenoid vegetation tissue is reduced with a curette under optical control and the surgery wound is compressed with a tampon. The remaining tissue is evaporated with a high-performance diode laser with the output up to 25 W. The time spent in the operating room is up to 30 minutes. Patient's vital functions are subsequently monitored in a recovery room for ca 2-6 hours. We recommend staying close to our workplace on the first day after the surgery so that you can get back within 30 minutes in case of early bleeding which statistically occurs in 1 % of the cases.

# III. Risks of the procedure (general, individual):

There is a risk of post-operative early or late (after 5-8 days) bleeding, particularly if the client takes medication containing salicylic acid or heparin. In women the bleeding may be caused by ongoing menstruation. The surgery wound always heals with slight inflammation because a nasal cavity is not sterile and contains physiological bacteria. Extraction of front teeth may also occur as a result of intubation. The risk of overall anesthesia increases with age and seriousness of other diseases of the patient and it also includes potential unpredictable reactions of the organism to administration of medicaments and other procedures associated with a surgery in general anesthesia. The result of the surgery depends on individual healing.

# IV. Alternatives of the procedure:

Treatment with antibiotics and allergological and immunological treatment. The advantage of those methods is that they are not invasive. The surgery should be used after all conservative therapeutic options have been exhausted, as recommended by an ENT specialist or pediatrician. If the surgery is refused the child is at risk of poor nasal breathing, frequent inflammation of the upper respiratory tract, sleeping disorders and impairment of healthy development.

V. Answers to additional questions asked by the patient/legal	
representative: (or in	ndicate that the patient did not ask any additional questions)
Physician's represe	entation:
understandable manner complications. The patier	nave informed the patient/legal representative identified above in an about the planned surgery, including information about potential at/legal representative has been also informed about the planned method of armation about potential complications associated with the procedure.
Date:	
MUDr.:	Physician's signature:
Patient's / legal rep	oresentative's consent:
understandable manner about potential complic considered the provided including the described a	reby represent that I have been informed by the physician in an about the planned surgery, including anesthesia and including warning ations. My additional questions (if any) have been answered. Having I information I agree with the performance of the surgery procedure, nesthesia and including other procedures and measures, as long as the lack neasures might immediately threaten the my/ the patient's health condition
	the physician about the treatment options, i.e. basic and more expensive nakes it possible to select between two variants.
	nore expensive variant of treatment and I agree to pay the charge of reby confirm with my signature.
☐ I have not selected the	more expensive treatment variant.
Date:	
Patient's / legal represent	tative's signature:
Father:	Mother: