



Informed consent of the patient / legal representative

TONSILLOTOMY

(Reduction of tonsils by laser or plasma coblation)

Head physician: Senior consultant MUDr. Tomáš Fořt

Senior consultant deputy: MUDr. Vladimír Prokop

Head anesthesiologist: MUDr. Roman Baláž

Patient:

Name and surname: _____ ID: _____

Patient's legal representative:

Name and surname: _____ ID: _____

I. Information about the nature of ailment:

Enlarged tonsils in children cause snoring and breathing disorders in sleep, which negatively influence development and wellbeing of the child. Apnoic pauses cause insufficient oxygenation. Reduction of tonsil volume by laser or plasma improves passability of the respiratory and swallowing pathways.

II. Information about the medical procedure:

The surgery is performed in general anesthesia. The patient is given anesthetics by injection into a vein or by inhalation of non-toxic inhalation anesthetics. After the onset of anesthetic effects and introduction of a breathing tube into the patient's windpipe a gag is placed into the patient's mouth and tonsils are reduced to the level of palate arches with laser, which functions as a non-bloody scalpel, or with plasma. The remaining tonsil (30-50 %) is left in the socket as an important part of the immunity system. Reduced tonsils are then fully functional as before. The surgery takes about 20 minutes and the patient is subsequently moved into a recovery room where young children can meet with their parents once they wake up. Patient's vital functions are subsequently monitored in a recovery room for ca 2-6 hours. We recommend staying close to our workplace on the first day after the surgery so that you can get back within 30 minutes in case of early bleeding which statistically occurs in 1 % of the cases.

III. Risks of the procedure (general, individual):

There is a risk of post-operative early or late (after 5-8 days) bleeding, particularly if the client takes medication containing salicylic acid or heparin. In women the bleeding may be caused by ongoing menstruation. The surgery wound always heals with slight inflammation because a nasal cavity is not sterile and contains physiological bacteria. Extraction of front teeth may also occur as a result of intubation. The risk of overall anesthesia increases with age and seriousness of other diseases of the patient and it also includes potential unpredictable reactions of the organism to administration of medicaments and other procedures associated with a surgery in general anesthesia. The result of the surgery depends on individual healing.

IV. Alternatives of the procedure:

Treatment with antibiotics and allergological and immunological treatment. The advantage of those methods is that they are not invasive. The surgery should be used after all conservative therapeutic options have been exhausted, as recommended by an ENT specialist or pediatrician. If the surgery is refused the patient suffers from poor quality sleep, fatigue and a generally impaired health condition.

V. Answers to additional questions asked by the patient/legal

representative: (or indicate that the patient did not ask any additional questions)

Physician's representation:

I hereby represent that I have informed the patient/legal representative identified above in an understandable manner about the planned surgery, including information about potential complications. The patient/legal representative has been also informed about the planned method of anesthesia, including information about potential complications associated with the procedure.

Date: _____

MUDr.: _____ Physician's signature: _____

Patient's / legal representative's consent:

I, the undersigned, hereby represent that I have been informed by the physician in an understandable manner about the planned surgery, including anesthesia and including warning about potential complications. My additional questions (if any) have been answered. Having considered the provided information, I agree with the performance of the surgery procedure, including the described anesthesia and including other procedures and measures, as long as the lack of such procedures and measures might immediately threaten the my/ the patient's health condition and life.

I have been informed by the physician about the treatment options, i.e. basic and more expensive option as the treatment makes it possible to select between two variants.

I have selected the more expensive variant of treatment and I agree to pay the charge of _____ CZK which I hereby confirm with my signature.

I have not selected the more expensive treatment variant.

Date: _____

Patient's / legal representative's signature: _____

Father: _____ Mother: _____