



# RECOMMENDATION BEFORE GENERAL ANAESTHESIA OF A CHILD

Head anaesthesiologist: MUDr. Roman Baláž

Dear parents,

thank you for choosing our medical facility to perform the surgery of your child. The operation and general anaesthesia will be carried out by experienced specialists.

## We kindly ask you to follow these rules:

1. Inform your child's attending physician of all past health problems, used medication, allergies or recent contact with infectious disease. Also point out any neurological illnesses or innate developmental disfunctions of the child. In case of serious illnesses please bring copies of medical reports. **In any case you must bring paediatrician's evaluation where it is stated that the child is able to handle surgery in general anaesthesia (not older than 5 days).** We also ask you to fill out the *Questionnaire on the determination of a child's blood coagulation* together with your paediatrician, since it can determine whether the APTT test (activated partial thromboplastin time) should be carried out.
2. One day before the surgery give your child only easily digestible food. The child can't eat or drink anything from **midnight** preceding the operation (they can't even drink milk, juice, cocoa or soup). They can drink liquids (water, tea, mineral water) **6 hours** before the surgery at the very latest. This is also the last time the child can take any medication. Make sure that your child doesn't chew gum when entering our medical facility. By ensuring empty-stomached child you eliminate complications such as vomiting and the subsequent inhaling of vomit.
3. There must be two adults as accompaniment when picking up the child after surgery. One adult drives the car and the other one attends to the child.
4. It is necessary to constantly supervise the child at least 24 hours after surgery. After coming home, the child can sip liquids and later eat light food.