Poliklinika Modřany Soukalova 3355/3 143 00 Praha 4 www.fortmedica.cz +420 720 028 820 operace@fortmedica.cz MODŘANY BUDĚJOVICKÁ KARTOUZSKÁ SMÍCHOV BOŘISLAVKA

Informed consent of the patient / legal representative:

Head physician: Senior consultant MUDr. Tomáš Fořt

# FESS, FEELS SURGERY

(Functional endoscopic surgery of paranasal sinuses, laser- or plasma-assisted endoscopic nasal polypectomy)

Head anaesthesiologist: MUDr. Roman Baláž
Name and surname of the patient:
Insurance number:

#### I. Information about the nature of ailment:

Nasal polyps and swollen nasal mucosa impair nasal breathing, limit the filtrating function of the nose and they may cause breathing disorders in sleep. They also create infection nidi in the upper respiratory tract. Polyps limit the ventilation function of paranasal sinuses and cause chronic inflammation.

## II. Information about the medical procedure:

The surgery is performed in local or general anesthesia. Less serious procedures may use analgosedation. After the onset of anesthetic effects a breathing tube is introduced onto into the patient's windpipe (in case of general anesthesia). Subsequently, endoscopic instruments and a shaver are used to remove nasal polyps and the paranasal sinuses are opened up. Laser is used only to trim the surgery wound. In conclusion a gentle tamponade with antibiotic ointment is placed inside the paranasal sinuses. The procedure takes ca 1 hour. Patient's vital functions are subsequently monitored in a recovery room for ca 1-2 hours. In case of more complicated operations the patient may stay overnight.

## III. Risks of the procedure (general, individual):

There is a risk of post-operative early or late (after 5-8 days) bleeding, particularly if the client takes medication containing salicylic acid or heparin. In women the bleeding may be caused by ongoing menstruation. The surgery wound always heals with slight inflammation because a nasal cavity is not sterile and contains physiological bacteria. Extraction of front teeth may also occur as a result of intubation. The risk of overall anesthesia increases with age and seriousness of other diseases of the patient and it also includes potential unpredictable reactions of the organism to administration of medicaments and other procedures associated with a surgery in general anesthesia. The result of the surgery depends on individual healing.

### IV. Alternatives of the procedure:

Corticoid, anti-allergic and immunological therapy. The advantage of those methods is that they are not invasive but they have low efficiency. The surgery should be used after all conservative therapeutic options have been exhausted as recommended by an ENT specialist. If the therapy is refused the patient is at risk of complications caused by infections or development of asthmatic symptoms.

V. Answers to additional questions from the patient/legal representative: (or indicate that the patient did not ask any additional questions)					
Physician's repres	sentation:				
manner about the prepresentative has be	lanned surgery, including	information about planned method	tative identified above in an t potential complications. T of anaesthesia, including in	The patient/legal	
Date:	MUDr.:		Physician's signature:		
Patient's / legal re	epresentative's consen	t:			
about the planned s additional questions ( performance of the su	urgery, including anaesthes if any) have been answered urgery procedure, including t the lack of such procedures o	ia and including . Having consider the described ana	the physician in an underst warning about potential co ed the provided information, esthesia and including other ht immediately threaten the	omplications. My I agree with the procedures and	
I agree to pay the price	e of disposable materials in t	he amount of	Kč.		
Date:	Patient's signature	:			
	another method of legal rep	_	ned by his/her legal represe ermined by the court. Then th	-	
Legal representative	1:				
Name and surname _		ID	Signature		
Legal representative	2:				

Name and surname \_\_\_\_\_\_ ID. \_\_\_\_\_ Signature \_\_\_\_\_