

Informed consent of the patient / legal representative:

TONSIL CRYPTOLYSIS

(Laser or plasma treatment of tonsillar plugs)

Head physician: Senior consultant MUDr. Tomáš Fořt

Head anaesthesiologist: MUDr. Roman Baláž

Name and surname of the patient: _____

Insurance number: _____

I. Information about the nature of ailment:

Plugs in the tonsils cause local minor inflammation and odor. They do not cause general illness of the organism or tonsillitis and do not contain pathogens. After exhaustion of conservative methods such as gargling, lavage or immunostimulation therapy, we recommend obliteration of the crypts with laser or plasma.

II. Information about the medical procedure:

The surgery is performed under general or local anaesthesia. During general anaesthesia, the patient is put to sleep by injection of anaesthetics into a vein or by inhalation of non-toxic inhalation anaesthetics. After the patient is anesthetized and a breathing tube is inserted into the trachea, a dilator is inserted into the oral cavity and the tonsils are obliterated by approximately 10-20% with a laser, which acts as a bloodless scalpel, or plasma, to remove the plug cavities. The rest of the tonsil (30-50%) is left in the bed as an important part of the immune system. Smoothed tonsils are then fully functional as before and no longer retain food debris and epithelium. After the operation, which takes about 20 minutes, the patient is transferred to the recovery room. Here the patient spends about 2-6 hours.

III. Risks of the procedure (general, individual):

There is a risk of postoperative early or late (day 5-8) bleeding, especially if the patient was taking salicylic acid medication. The surgical wound always heals with mild inflammation, sometimes antibiotics and analgesics are necessary. The surgical wound is painful for 5-7 days. Extraction of anterior teeth may occur during the insertion of the mouth opener or during intubation. The risk of general anaesthesia increases with the age and severity of other diseases of the patient and includes possible unpredictable reactions of the organism to the administration of drugs and other procedures associated with the procedure under general anaesthesia. Tonsils have the ability to form crypts again within 2-6 years, so the permanent effect of this procedure cannot be guaranteed.

IV. Alternatives of the procedure:

Rinsing the crypts with a special tube with disinfectant solutions or mouthwashes, gargling with sage after each meal. In case of poor effect of conservative therapy, surgical treatment is indicated.

V. Answers to additional questions from the patient/legal representative:

(or indicate that the patient did not ask any additional questions)

Physician's representation:

I hereby represent that I have informed the patient/legal representative identified above in an understandable manner about the planned surgery, including information about potential complications. The patient/legal representative has been also informed about the planned method of anaesthesia, including information about potential complications associated with the procedure.

Date: _____ MUDr.: _____ Physician's signature: _____

Patient's / legal representative's consent:

I, the undersigned, hereby represent that I have been informed by the physician in an understandable manner about the planned surgery, including anaesthesia and including warning about potential complications. My additional questions (if any) have been answered. Having considered the provided information, I agree with the performance of the surgery procedure, including the described anaesthesia and including other procedures and measures, as long as the lack of such procedures and measures might immediately threaten the my/ the patient's health condition and life.

I agree to pay the price of disposable materials in the amount of _____ Kč.

Date: _____ Patient's signature: _____

In the case of incapacity of the patient, the document must be signed by his/her legal representatives (usually both parents, unless another method of legal representation is determined by the court. Then the relevant court order must be provided).

Legal representative 1:

Name and surname _____ ID. _____ Signature _____

Legal representative 2:

Name and surname _____ ID. _____ Signature _____